

Health and Wellbeing Plan 2022-2025

(Action plan reviewed and updated annually)

APPENDIX 1

1. WORKING IN PARTNERSHIP

	Priority	Action	Lead Officer/Body	Progress	Project Measurement	Timescale
1	Work with the New Forest National Park Authority and local health partners to deliver a Green Health Hub to maximise the health opportunities of the natural environment.	<p>Work in partnership with the New Forest National Park Authority (NFNPA) to develop a Green Health Hub bringing the benefits of being physically active outdoors to the community, and to promote programmes.</p> <p>Support the development of the Green Health Hub website hosted by the NFNPA for communities to access outdoor activity information.</p>	NFNPA Jamie Burton	GreenHealthHub Website is live and organisations are populating it with activities	The Green Health Hub launched. Activities online. Feedback and hits.	Completed
2	Engage with the “Hampshire District and Borough Wellbeing Leads” meeting to ensure strong representation to the Health	The group meets quarterly to discuss issues that are pertinent to district and boroughs, allow a forum for health partners to engage with local authorities, and provides a conduit to the Health and Wellbeing Board	Jamie Burton	The District Leads meetings are ongoing. NFDC chair meetings. Monthly meetings continue with links to the Hampshire Health	Attendance at meetings.	Monthly Meetings

Health and Wellbeing Plan 2022-2025

(Action plan reviewed and updated annually)

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	and Wellbeing Board's local priorities.			and Wellbeing Board. Continue to ensure whole system working with ICB (Integrated Care Board) Public Health, CVS (Community and Voluntary Sector) on priorities identified in Hampshire Health & Wellbeing Board Ensure effective lines of communication between officers from health organisations (public health, ICB, adult services etc) and local authorities.		
3	Establish a Healthier New Forest Partnership.	Partnership established with key partners including Hampshire County Council, Energise Me, the Integrated Care Board Partnership, New Forest National Park Authority, and Community First Draft	Joanne McClay Jamie Burton	Joint working with partners continues.	Joint programmes developed will appear in the	Quarterly Meetings

Health and Wellbeing Plan 2022-2025

(Action plan reviewed and updated annually)

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		terms of reference have been agreed and centre around joint working, efficient use of resources and a whole system approach work with targeted groups. a Develop an Action plan to target priorities – agreed by the Partnership		Schemes have been identified. Collaboration on a Live Longer Better campaign is to be developed.	priority actions below (increasing physical activity/ improving mental health)	
4	Monitor and improve air quality across the district.	Draft and implement a Clean Air Strategy for the district.	Joanne McClay Rachel Higgins	Strategy development supported by EMT, Scrutiny Panel and Cabinet	To meet the milestones in the project plan. Develop a targeted strategy within the timescale.	March 2025
5	Tackle the issue of Food Security	Develop Community Pantries to support the need for food and compliment the Food Banks and Food Larder provision	HCC Ryan Stevens	HCC have completed a feasibility study. A new Community Pantry has been set up at Ringwood library. A further pantry location is being examined. The Pantry will supplement the existing offer of 4 Foodbanks (Ringwood;	Pantries established Usage of the pantries. Additional support available.	Dec 2023

Health and Wellbeing Plan 2022-2025

(Action plan reviewed and updated annually)

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				Waterside; Totton; Lymington) 2 Community Fridges (Ringwood; Fordingbridge) and the 11 Food Larders. The Food Pantries will operate alongside the current offer in identified places		
6	Support young people in the district	Develop a New Forest Youth Forum as an opportunity for youth organisations to collaborate and share experiences/learning and identify issues/gaps	Jamie Burton Community First	Youth Forum has been held with 12 agencies in attendance. Information disseminated relating to the issues raised. Community First have agreed to continue with the secretariat of the New Forest Youth Forum. The next meeting is planned for Oct.	Number of organisations and attendees at meetings. Actions engaged and projects identified	Quarterly Meeting

Health and Wellbeing Plan 2022-2025

(Action plan reviewed and updated annually)

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7	Increase Cycling and Walking Levels	Develop a Cycling and Walking Infrastructure Plan for the New Forest (west of the A326)	HCC/ James Smith Senior Policy Planner NFDC	At consultation stage to understand and identify routes to include in the LCWIP. Public Consultation autumn 2023.	For the plan to be written and adopted	October 2024
8	Increase Cycling and Walking Levels	Support the implementation of a Waterside Cycling and Walking Infrastructure Plan for the Waterside	HCC/ James Smith Senior Policy Planner	Complete and available on the HCC website: Waterside Transport Scheme	Plan written, adopted, and published	Nov 2022 Completed
9	Support the reduction of anxiety linked to energy price increases through the Warmer Homes Collaboration.	Proactively promote on the Council's website (and through work in the community) the Warmer Homes Grants initiative to ensure residents can access the two separate funds below to improve energy efficiency for their homes. Support residents in receiving Home Upgrade Grant (HUG) (a separate Government fund) to upgrade the energy efficiency of properties in the worst performing off gas grid homes. Support residents in receiving LAD3 funding for retrofit measures in private sector housing in the district. As a housing authority, the council continues to receive social housing decarbonisation funding to support energy efficiency retrofit measures for council housing stock.	Kirsty Farmer	The LAD3 funding stream has closed. HUG 1 is now closed HUG2 has now commenced	Home Upgrade Grant (HUG1): Total number of properties supported - 52 Total spend - £618,165 HUG2: No data yet. LAD3 funding to support retrofit measures: Total number of properties supported – 200	Ongoing

Health and Wellbeing Plan 2022-2025

(Action plan reviewed and updated annually)

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					Total spend - £1,128,358	
10	Support the community safety outcomes for residents through the Safer New Forest Partnership.	<p>Continue to play lead role in the Safer New Forest Partnership working collaboratively with partners to ensure the Partnership Plan priorities are in place, monitored and reviewed.</p> <p>The Plan for 23/24 can be viewed at: https://www.safer.newforest.gov.uk/article/2324/Safer-New-Forest-partnership</p> <p>It has the following priorities:</p> <ul style="list-style-type: none"> - Drug and alcohol related harm - Domestic abuse - Tackling crime and fear of crime through education, prevention, and enforcement. <p>Raise awareness to public sector partners to help tackle identified priorities.</p> <p>Engagement with youth groups on crime and antisocial behaviour in their area.</p>	Nikki Swift and Community Safety Team	<p>Five market towns visited with full community engagement events.</p> <p>7 rural car parks visited for crime awareness session. (2 more in September)</p> <p>7 'bike register' events to register bikes in case of theft. (2 more in September)</p> <p>412 surveys completed across 12 events. 98% of residents are satisfied/very satisfied with where they live (405 responses)</p>	Number of public community engagement: 5 in Towns centres; 5 Skateparks; 4 Car parks in Forest; 5 bike register events	Ongoing

Health and Wellbeing Plan 2022-2025

(Action plan reviewed and updated annually)

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11	Work with community organisations and voluntary groups to tackle the causes and impact of health inequalities within identified communities	Deliver wrap around support at 6 Hubs linked to food larder venues in Calshot, Pennington, Fordingbridge, Hythe, Totton, and New Milton. Combining work with FairShare, Foodbanks, Citizens Advice and NFDC targeting vulnerable communities to offer face to face support	Ryan Stevens CAB Housing team	On average 30 households per week are supported at each food larder. NFDC staff attending the Hubs supporting residents with housing, benefit, and rental issues.	Number of people engaged Qualitative information on service. Types of issues raised.	Ongoing
12	Administer the Community Grants Scheme, supporting organisations that meet the Council's grant award criteria. Total budget for 23/24 of £130,000 (revenue) and £100,000 (capital).	To deliver the Council's annual Revenue and Capital Community Grants programme. Develop funding agreements for Capital Grant projects to ensure delivery. Monitor existing Capital Projects and award stage funding as appropriate.	Ryan Stevens Jamie Burton	New funding window is now open Capital projects that are completed: Fawley Rugby Club club house project has been opened.	Number of awards made 22/23 - Capital £92,000 - Revenue £129,600 Number of projects completed. 27 applicants (19 revenue / 8 capital) 19 successful awards recommended (13 revenue; 6	Ongoing

Health and Wellbeing Plan 2022-2025

(Action plan reviewed and updated annually)

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					capital) Application value of £249,430 (revenue) and £161,040 (capital).	
13	Further develop information sharing and collaboration between services within the council to respond to the cost-of-living crisis.	A cross departmental officer group has been established, to respond to the cost-of-living crisis. Dedicated cost-of-living support page published on the Council's website and promoted by officers out in the community, to offer required support.	Ryan Stevens	A development plan is being developed. Monthly meetings held and attended by members of: Housing Operations, Tenancy Account Team, Housing Maintenance, Revenue and Benefits, Economic Development Team, Customer Service, Information Officers, Communications team, Homelessness team	Cross service attendance at meetings. Information is shared effectively, and residents receive appropriate support and information	Ongoing

Health and Wellbeing Plan 2022-2025

(Action plan reviewed and updated annually)

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14	Create a mechanism to take a whole system approach to issues affecting our communities.	Establish a Community Forum for Elected bodies, key partners, and relevant stakeholders to share information, good practice, and improve collaboration.	Grainne O'Rourke	Town and Parish Councils have been invited to the inaugural meeting. Key focus of the meeting has been identified as the Cost-of-Living crisis. Agendas have been circulated	Number of bodies engaged. Actions that come from the meetings	Biannual meeting

Health and Wellbeing Plan 2022-2025

(Action plan reviewed and updated annually)

2. INCREASING PHYSICAL ACTIVITY

	Priority	Action	Lead Officer Body	Progress	Project Measurement	Timescale
1	Work with Freedom Leisure to ensure more residents are participating in activities with particular focus on identified groups	Quarterly meetings with the Regional Manager and Healthy Communities Manager to identify areas to increase take up in activity. Identify campaigns and programmes that will reach target groups	Freedom Leisure Jamie Burton Jo McClay Pawel Duchnowski (Contract Relationship Manager NFDC)	Active Ageing Classes are being run across all centres. Forever Active project introduced at Applemore including activity such as table tennis, chair yoga and aerobics	4589 people on learn to swim programme. 8870 children using the soft play at Applemore and Ringwood Active Aging class attendees 579	Ongoing
2	Increase in number of Active Lifestyles participants that join and complete the programme and continue to lead an active lifestyle.	Promote Active Lifestyles to those with long term health conditions and professionals that support them. To increase the number of end-of-programme assessments to ensure post programme retention.	Freedom Leisure Pawel Duchnowski	Ongoing work to promote and support the delivery of Active Lifestyles	Currently 391 members on the Active Lifestyles programme.	Ongoing

Health and Wellbeing Plan 2022-2025

(Action plan reviewed and updated annually)

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3	Increase the number of women and girls participating in activity, targeting underserved communities	Develop a netball session in Fawley Parish. Recruit and train coaches Acquire equipment for sessions.	NFA PE staff Jamie Burton	Discussion continues with NFA staff. Working with Energise Me and have acquired kit and netball posts. Working with England Netball to support coach development. Walking netball sessions started at Gang Warily Leisure Centre. 10 participants taking part	Take up numbers. Retention on sessions.	October 2023
4	Increasing activity amongst families and children, targeting underserved communities	Develop and deliver a Story Quest trail to get families walking. Based at Gang Warily Community Centre Codesign the stories with children at the local primary schools. Work with local author to create the story Publish the book and make it available for families	Jamie Burton Energise Me	The Story Quest trail is live at Gang Warily leisure centre. The story has been codesigned and developed with local schools. The booklet has been had 620 downloads,	Number of books taken. Number of families participating.	June 2023

Health and Wellbeing Plan 2022-2025

(Action plan reviewed and updated annually)

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				Facebook post has reached a 15000 and approx. 400 booklets have been collected from Hythe Library and Gang Warily leisure centre. Feedback includes local children who did not know there was a pond in Gang Warily despite using the play area regularly.		
5	Manage the Just Got Home (JGH) Scheme to ensure that residents leaving hospital are supported to be able to live an independent lifestyle.	Continue to work in partnership with New Forest Disability Information Service to ensure the JGH scheme supports residents. Continued support to residents released from Lymington hospital. The service has been extended to residents released from Fordingbridge hospital with effect from April 22.	Kirsty Farmer	Work continues with NFDIS to deliver the Just Got Home Scheme for residents	Progressing well and work continues with NFDIS to reach identified residents.	2022/23

Health and Wellbeing Plan 2022-2025

(Action plan reviewed and updated annually)

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6	Deliver the healthy walks programme with Community First Wessex, growing the number of walkers, trained volunteer walk leaders and number of walks around the district	Work with Community First Wessex and New Forest National Park Authority to deliver a Healthy Walks programme. Community First to run a Volunteer Walk Leader training event to train new walk leaders. Ensure a networking session is delivered to support volunteer walk leaders, ensuring training is up to date and volunteers are valued. Ensure that there is a Health Walks programme across the district.	Jamie Burton CF Wessex NFNPA	The walk scheme continues to grow. 1 new walk being delivered in Totton. 32 people have indicated an interest to take part in this walk. 4 new people have become assistant walk leaders.	Figures for Q1 for 2023/24: 11 Walking Schemes delivered around the district Walking hours – 1689. Volunteer Walk Leaders – 35. Volunteer Hours Recorded – 582. Volunteer leader training event held – 16 leaders trained.	Ongoing
7	Deliver programmes with partners to keep older people active and connected through sport such as walking football	Work with AFC Bournemouth to develop walking football at the Ringwood Town site. Ensure that walking football is included in the development plan at the Burgate School	Jamie Burton	AFC Bournemouth Community Trust walking football programme due to start in Sept. Funding has been agreed and the Burgate	Number of people signed up (total). Number of people attending (weekly).	Ongoing

Health and Wellbeing Plan 2022-2025

(Action plan reviewed and updated annually)

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				developments are due to begin in September		
8	Deliver programmes that allow people to become more active locally.	Explore the feasibility of an additional Parkrun in the district. Currently the district has 3 Parkruns (Lymington, Brockenhurst & Totton) and 1 junior parkrun (New Milton)	Jamie Burton	Have explored several venues in the district and discussed options for sustainability. Preferred location would be a junior parkrun at Gang Warily. To contact Parkrun for support and permission for a new course.	One new park run activity delivered. Average number of participants.	March 2024
9	Give more opportunities to people with long term health conditions to be active	Skateboard Club targeting young people with long term health conditions. Using skateboarding as a tool to increase resilience and improve mental wellbeing.	Jamie Burton Southampton Hospital	The poor weather this summer has made it difficult to deliver an outdoor skate programme. We are unable to deliver this programme. Will look at the possibility of	Number of young people attending. Number of young people retained. Individual experience reporting Warwick Edinburgh scale	Sept 2023

Health and Wellbeing Plan 2022-2025

(Action plan reviewed and updated annually)

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				redelivering in 2024		
10	Use the power of sport to tackle wider issues and support vulnerable young people	Deliver activity targeting young people at risk of antisocial behaviour. Working with partners such as England Boxing and Community Safety to recruit participants and deliver a programme of support.	Jamie Burton	Identified the need with local youth organisations. Working with England Boxing for club development support and cocreating a programme of education for participants.	Number of sessions. Number of attendees. Attendee feedback. Police feedback.	March 24
11	Administer NFDC disabled facility grants (DFG) adaptation grants and hospital discharge grants to support residents living independent lives for longer	Maximise the available DFG funding awarded through the Better Care Fund and the Council's own Housing Revenue Account to bring about adaptations in residents' homes to improve their quality of life.	Kirsty Farmer	Grant fund is open for 2023/24	Year to date Better Care Fund - £346,890 HRA - £442,803	Ongoing
12	Work with and support sport and recreation	Ensure that the Community Capital Grants funding agreements support the development of opportunities with targeted groups:	Jamie Burton/ Ryan Stevens	Burgate Community Use Agreement has	Funding Agreements in	Ongoing

Health and Wellbeing Plan 2022-2025

(Action plan reviewed and updated annually)

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	partners to ensure the development of accessible sports facilities with appropriate development plans to increase participation within identified targeted groups.	Monitor the Community Use Agreement on Ringwood artificial grass pitch and pavilion development to ensure that programmes increase participation within targeted groups. To ensure the redevelopment of Burgate artificial grass pitch facility has a development plan which includes measures to support an increase in participation within identified targeted groups. Ensure that the redevelopment of Testwood ATP includes the offer for targeted groups Work with Poulner Junior School to ensure that the Opening Schools Facilities programme supports the local community Work with New Forest Academy to ensure the Opening Schools Facilities programme supports the local community.		been finalised. Partnership funding has been agreed. Work is due to begin in Sept Work continues with Poulner Junior School and New Forest Academy regarding the Opening Schools Facilities programme. Ringwood Town Football facilities club house development has begun with February completion date. Fawley RFC Club house opened – new women’s team started, girls team playing, walking rugby sessions active.	place. Monitor figures.	

Health and Wellbeing Plan 2022-2025

(Action plan reviewed and updated annually)

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13	Support partners to deliver the Holiday Activity Fund to ensure families on Free School Meals can access activity and hot meals through the holidays.	Work with partners at Hampshire County Council, Local Children's Partnership (LCP) and Citizens Advice to ensure the Holiday Activity Fund (HAF) programme over the holidays has coverage across the district and targets areas with Free School Meals. To map the applications to run activity, to identify gaps and to work with local community groups to ensure families can access activity.	HCC	HAF provision has been agreed for summer 2023. Organisations have been agreed and activities are advertised. Information on the sessions has been sent to NFDC comms team and included on the Cost-of-Living page.	Summer 2023 16 organisations are running sessions with 7000 spaces funded for young people eligible for Free School Meals Local Childrens Partnership funded 4 sessions over May half term in Pennington, New Milton, Totton (x2)	Ongoing

Health and Wellbeing Plan 2022-2025

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3. IMPROVING MENTAL WELLBEING

	Priority	Action	Lead Officer/ Body	Progress	Project Management	Timescale
1	Use arts and culture to connect communities and support underserved communities	To increase participation and inclusive access to arts and cultural activities for the improvement of our communities physical and mental health and wellbeing. To improve our neighbourhoods, installing pride in place and establishing community cohesion. Manage Folio Partners network to include organisations delivering community focused work in the district. To develop a Cultural Strategy to deliver a sustainable arts and cultural programme in the New Forest.	Kealy Whenray	Council starting work to develop an Arts and Cultural Strategy Held an Arts and Environment workshop in July in partnership with Culture in Common.	Number of participants. Participants feedback. Codesign workshops. Civic pride measurement. Number of Folio projects in underserved communities	Ongoing
2	Support the delivery of the Culture in Common arts programme empowering targeted communities to co-design and	Attend regular consortium meetings with Energise Me, New Forest National Park Authority, Folio, and the Handy Trust. Asset based community development work continues. Identifying projects and supporting the community to codesign and deliver a programme of activities	Jamie Burton Energise Me Kealy Whenray	New Forest Comedy Festival has been delivered New Milton Easter extravaganza had over 2000 people attend	12 Community Anchors recruited. Support for community organisations to deliver cultural events. Training for cultural	2025 Culture in Common Programme

Health and Wellbeing Plan 2022-2025

(Action plan reviewed and updated annually)

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	deliver cultural activity locally.			Waterside Arts Festival delivered in July. Delivered a positive interactive tent at the New Forest Show. A story quest trail is being developed for New Milton. Wheelchair Dance Club is being delivered at New Milton Memorial Centre. A New Forest Touring programme has been developed for delivery in the autumn	event organisers.	
3	Work with the Local Children's Partnership to increase the levels of	Support the Local Children's Partnership in piloting the Back-to-Basics programme developed by Solent Mind to encourage conversations on how basic steps such as getting enough sleep, eating well and being physically active can improve mental	Jamie Burton	The Back-to-Basics programme is live and being rolled out to	The Back-to-Basics online platform is now live:	Ongoing

Health and Wellbeing Plan 2022-2025

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	awareness and understanding of mental health issues and empower adults to have conversations about wellbeing through the Back-to-Basics programme.	wellbeing and resilience. Support in developing the Back-to-Basics programme based on feedback from pilot. Roll the Back-to-Basics programme out to New Forest Schools		professionals and will continue to roll out the opportunity to families and children. Back to Basics and Make Every Contact Count training planned Wednesday 1 st November, Lyndhurst 9am - 3pm	A multipurpose room has been developed at Orchard Junior school to help deliver B2B sessions and training for parents and professionals	
4	Provide training for volunteers that support residents that are homeless.	Provide awareness training to organisations that may encounter homeless people to ensure an understanding of how best to support those at risk of homelessness.	Megan Ward	Training for Hampshire Care Leaving services was completed in June. Waiting for Hampshire Adult Services to set a date for training	Homelessness training delivered to 9 organisations including Winchester Prison, Hampshire Probation Services, Primary Care Network, the Crossing Inclusion Drug &	Ongoing

Health and Wellbeing Plan 2022-2025

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					Alcohol Service, Southern Health, Palladium Group. Continue to communicate any updates to organisations	
5	Improve access to service for residents in need of homeless support.	Create an organisational specific referral process for local partners to support residents in accessing homeless assistance.	Megan Ward	DWP and Southern Health specific created. Working with the Prison service for their own programme.	Number of referral forms received	Ongoing
6	Work to support homeless people with employment support and mentorship.	Continue to support Beam, a social enterprise which specialises in supporting homeless people into employment, to offer tailored support and mentor any of our homeless clients into employment https://beam.org Continue the Homelessness Support delivered through the Council's Government funded Support Workers, including early intervention and multi-agency working to bring about solutions to get people back to work.	Megan Ward	The scheme has been extended until November 2023 Partnership working with Palladium Group supporting unemployed people back into employment.	Supporting 14 homeless people in to work	Ongoing

Health and Wellbeing Plan 2022-2025

(Action plan reviewed and updated annually)

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7	Work to engage young men to discuss their mental health issues.	Dance project with Zoellogic Dance delivering session for young men in Fawley Parish	Jamie Burton Energise Me	Dance sessions delivered in Fawley Parish 8 boys signed up for the sessions. Zoellogic. Zoellogic performed at New Forest Show. Looking for venue for autumn term to continue the project.	Number of boys taking part. Feedback on their experience and feelings.	June 2023
8	Operate a befriending scheme targeting those residents who are homeless.	Work in partnership with the Crossings to ensure a befriending service for those in temporary or settled accommodation and require support/assistance with tenancy sustainment	Megan Ward	A number of individuals identified have needs that are too complex for the volunteers to manage	Have supported 5 clients within the Waterside area.	Ongoing
9	Ex-offender's resettlement programme	Accommodation For Ex Offender (AFEO) programme for prisoners in the last 12 months. Create a 2-year fixed term contract for a Prison Leaver Support Worker post at NFDC. Supporting ex-offenders to find adequate accommodation and provide tenancy support once in accommodation.	Megan Ward HMP	£150,000 secured for 2-year AFEO programme. Prison Leaver Support Worker starting in July.	NFDC Prison Leaver Support Worker in post for NFDC. The number of ex-offenders supported to	

Health and Wellbeing Plan 2022-2025

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		Working with Strategic Housing Specialist for HMP & Probation Service creating a weekly panel (prison chaired) to discuss upcoming releases to ensure support for individuals.		Ex offender's secure private rented accommodation so far	find adequate accommodation. A target of supporting 24 ex-offenders over 24 months The number of private landlords provided with tenancy support. Create weekly partners panel meeting chaired by HM Prison & Probation service to work with offenders on release.	
10	Minding Every Gap programme to create a smooth process of support for	Partnership project set up between Integrated Care Board and NFDC Aims to enable closer, joint working and smoother process between the local authority and the	ICB Megan Ward	Health data collated. Weekly Waterside PCN Mental Health &	Health data collated. Action plan agreed.	Sept 2023

Health and Wellbeing Plan 2022-2025

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	housing issues and prevention of homelessness	Waterside Primary Care Network. Ensure access to relevant early help support.		Wellbeing Team MDT has now been formed and starting on the 5th of September 2023. Also, Waterside PCN have asked for further data to highlight health needs of the homeless community. Megan to present findings in October 2023 to shape further health and homelessness services within the Waterside area.	Improve relationship with Waterside PCN Joint homelessness needs in the district are identified. Ensure support process for individuals is better.	

Colour Key

	Completed
	On track

Health and Wellbeing Plan 2022-2025

(Action plan reviewed and updated annually)

■	Behind schedule/ In planning stage
■	Significantly behind schedule